

Gustafson DANCE

Level 3B

2017-2018

Tuition: \$40 Registration Fee, \$835 per semester, \$990 for those doing Jazz, \$1040 for those doing the optional ballet class and Jazz or tap. There may be an additional costume fee in the spring for those taking certain classes.

Dress Code: Please read and be aware of our general dress code policies for all dance students at <http://gustafsondance.com/dress-code/>

Females:

Ballet: Light Blue Leotard-Any Style, Nude leotard for under costumes. No Jewelry (Small earrings ok), clear or light pink nail polish only. No street clothes over dance clothes in class. Warm-ups are only to be worn if necessary and must be designed for dance and be form fitting.

Pink Tights, Pink Leather Ballet Shoes, Hair secured away from face in a neat bun. Light Blue skirt is optional and may only be worn center floor. Pointe Shoes for those on Pointe, Black Character Skirt, Yoga Mat and Light/Medium Strength Theraband for Conditioning class on Tuesdays.

Jazz: Light Blue Leotard- any style, Black Jazz Pants and Tan Jazz Shoes (slip on preferred). Jazz Shorts are okay for jazz class, but if pants are needed for a costume the student will need to purchase jazz pants. Dancers who take ballet before or after Jazz class may wear pink tights for classes, but will likely need tan tights for performances.

Beg/Int Children's Tap: Light Blue Leotard (Any Style) Pink or Tan Tights for class, Tan Tap Shoes, Black Shorts or Pants are optional for class and may be needed for a costume, hair neatly pulled back in a ponytail or bun.

Required Core Classes: 3 ballet classes, plus Pointe or Boys Ballet. Jazz class is optional but is highly recommended at this level if the student is wishing to pursue ballet as his/her central activity in Junior High and High School, but it is optional. Tap is also optional. In addition, there is an optional fourth ballet class on Saturdays, which is recommended but not required.

1. Monday: 4:30-5:30 pm Level 3B with Allison
2. Monday: 5:30-6:30 pm Jazz 3B
3. Tuesday: 4:30-6pm Level 3 Pointe and Conditioning with Allison and Sierra
4. Thursday: 4:30-5:45pm Level 3B with Nicole
5. Saturday: 9-10:30am Level 3 with Gary (for those in Independent PE or wanting an additional class)
6. Wednesday: 5:30-6:30pm Beg/Int Tap with Sierra
7. Wednesday: Level 3-6 Boys Ballet: 3:30-4:30pm with Gary
8. Friday: Boys Ballet (9 and up): 4-5:30pm

Make-up Class Options:

- Monday: 3:30 - 4:30 Level 3A with Allison
Thursday: 3:30 - 4:30 Level 3A with Nicole
Saturday: 9:00 -10:30am- if not already enrolled in this class

Jazz or Tap classes can be made up in a ballet class. The student can ask permission to take the Jazz 3C&4A-Thursday class as a make-up.

Performances:

FALL- Level 3B will perform one jazz and/or tap dance (if enrolled) in *Rudolph*- Sat, Dec. 2nd @ 2pm & 6pm at the Lobero, and one ballet part in *Nutcracker* with State Street Ballet Company and live orchestra at the Granada Theatre-Sat, Dec. 16th @ 2pm& 7:30pm and Sun, Dec. 17th @ 2pm. The dancers may be in one or more performances of *Rudolph* and *Nutcracker*. Detailed Information on parts and shows will be posted by September.

SPRING-Level 3B will perform a minimum of two ballet and one jazz and/or tap dance (if enrolled in jazz or tap) in *Madeline: Lost in Central Park* at the Lobero on Sat, June 2nd @ 2pm and 6pm and Sun, June 3rd at 2pm. They may dance in one or more performance.

Studio Rehearsals: Weekly Rehearsals for *Rudolph* will be done in Jazz class on Mondays or Tap class on Wednesdays starting in October. Weekly Rehearsals for *Nutcracker* will be done in Level 3A class on Mondays starting in October. Starting in February, weekly rehearsals for *Madeline: Lost in Central Park* will be done in Monday, Thursday and Saturday classes (for those taking Saturday classes), as well as in the weekly jazz or tap classes if enrolled.

Theatre Dress Rehearsals: Spacing and Dress Rehearsals are mandatory for all three school performances. We especially cannot make any exceptions for the *Nutcracker* since it is a collaboration with the professional company, State Street Ballet, and incorporates an orchestra at a fully professional Union theatre.

Dress Rehearsal Dates: *Rudolph*: Wed, Nov. 29th and Thurs, Nov. 30th

Nutcracker: Tues(Studio), Wed-Fri(Theatre), Dec. 12th-15th

Madeline: Thurs-Fri, May 31st and June 1st

Level Expectations: All previous level requirements plus, but not limited to, the following:

Proper alignment & placement at barre & center with demonstrated control of center

Proper foot and knee placement (no rolling)

Knowledge of vocabulary and all body directions

Proper head and arm positions with all movements

Fondu with coordinated arms and legs

Single Frappé

Grand Rond de Jambe

Knowledge of and ability to make 1, 2, 3 arabesque

Développé at 90 degrees in all directions

Single en Dehors from 5th & 4th, properly executed, including spotting

Single en Dedans pirouette with fouetté properly executed, including spotting

Clean single piqué turns, working on doubles ½ pointe

Entrechat quatre, Entrechat royale

Pas de Basque and Balance properly executed

Tour Jeté properly executed

Grand jeté properly executed

Ability to execute 8 consecutive relevés in 1st and 5th at the barre with proper placement en pointe

Passe Relevé properly executed en pointe

Pas De Bourrée en pointe

Waltz turn properly executed

Policies for Level 3B

*Any schedule conflicts need to be given in writing, in advance. Please know that casting may be changed if a significant number of classes or rehearsals are missed for any reason.

*Keep your email and phone numbers current with our office and notify us if you have not received weekly emails.

*If you are too sick to attend class and/or rehearsal, please contact the office BEFORE 3pm and give a legitimate reason for your last-minute absence.

*Classes can and should be made up.

*Dancers may not miss any classes or rehearsals the two weeks prior to any performance. If illness keeps one from attending class, the class must be made up before the performance.

*If you are well enough to actively observe class or rehearsal (no fever), which can be a valuable experience, you will not be marked absent. Actively observing means paying attention- not talking, reading, sleeping or lounging.

*If you do not take class, you may not participate in rehearsal unless you have done a proper self warm-up. (We have warm up guidelines for you to follow if needed.)

*If you miss a technique class, you will not be allowed to take the following pointe class on pointe unless you have done a makeup class that week. This policy is in place to ensure the safety of the dancer and to encourage consistent attendance in all classes.

*Please be sure to let the teacher know if you are taking a make-up class so he/she can mark it down properly.

*The dress code must be adhered to at all times, including proper hair, shoe elastics sewn on, pointe shoe ribbons properly sewn and tied, no jewelry. NO STREET CLOTHES are to be worn, and no shoe Booties to be worn during class or rehearsal. If you have a specific reason for being out of dress code, please let your instructor know before class begins.

* We expect good behavior from all students, including respect shown to all teachers, staff, younger and older dancers and parents, as well as all property of Gustafson Dance, State Street Ballet, all theatres and other dancers' belongings.

*Dancers need to have proper foot care items such as band aids, toe tape, nail clippers, jet glue for shoes, as well as sewing kits. Dancers need to maintain proper hygiene with respect to their feet to avoid infected blisters. Dancers should wash feet with soap and water as soon as they get home from dance class.

*Dancers need to have hair supplies and makeup for performances, including fake eyelashes for Nutcracker. For Lobero shows, eyelashes may be optional. Dancers can use the Bun Bar for hair and makeup, but would need to provide their own fake eyelashes.

*We expect supportive, appropriate and positive conversation among dancers and parents. If you need or want to express concerns or frustrations, please do so outside of the studio, or make an appointment to meet with Allison or Nicole. We do not tolerate any inappropriate or negative comments regarding the studio, any teacher, staff, dancer or parent on public social media sites.

*There is to be no eating in the bathrooms or inside the dance studios. This is SMELLY, UNCLEAN, and RAT INVITING! Please eat outside.