

# Gustafson DANCE

## DRESS CODE FOR 2017-2018

**ABOUT DRESS CODE and GENERAL INFO:** It is very important for dancers to be in uniform for all classes and rehearsals. It is necessary for instructors to be able to see the dancer's muscles, alignment and conditioning and it is part of the student's overall discipline in dance training to be in proper uniform. The instructor should be able to look at the students in the class and not be distracted by different colors or patterns, jewelry or other accessories. Showing respect for our art in conduct as well as dress code helps to foster the discipline and etiquette that is essential to classical dance training.

Proper dance shoes are absolutely required in our studio for safety and health reasons. Dance Shoe Booties may NOT be worn in the studio or on the stage at the theatre. They can be worn to and from classes to protect dance shoes.

It is also very important for female dancers' (or males with long hair) to adhere to the hair policy as well. Once dancers begin the Primary Level for ballet, they must come to class with their hair pulled back and completely secured in a bun or another style that keeps all of the hair completely pulled back. Before the Primary Level and in Jazz or Tap Classes, a ponytail is ok, but hair may not be worn completely down in any class level. If the hair is very short, effort should be made to pull back as much as possible.

No Jewelry should be worn in classes (small earrings ok). For performances, only clear or light pink nail polish.

No street clothes should be worn over dance clothes in classes, including t-shirts, flannels, or sweatshirts.

Dance warm-ups are only to be worn if necessary. They must be designed for dance and be form fitting. Baggy cover-ups are not encouraged at any time, but are ok to and from classes and in between class and rehearsal to stay warm.

Level 2 and up may wear skirts in the center only (not at barre). For Pre-Ballet-Primary, skirts are required for ballet classes.

If applicable, female dancers should wear appropriate undergarment support under leotard.

Out of respect to all, personal hygiene (clean body and clothing) must be observed.

**WHERE TO PURCHASE:** *Harlequin Theatrical Supplies* carries our uniform, and has a wide variety of dance shoes including pointe shoes. The owners, Pete and Sara Mahar are longtime supporters of dance in Santa Barbara and both of them take adult classes at Gustafson Dance. They know their stuff! You will hear Pete's voice as narrator for most of the Gustafson Dance school story ballets. 17 W Gutierrez St, Santa Barbara, CA 93101 (805) 963-1209.

Discount Dance Supply website at **discountdance.com** carries most everything you could want or need and usually ships fairly quickly. If you order from this site, please enter our Studio/Teacher Rewards code, **TP32996** which will give you a 10% discount and helps the studio earn reward points for studio costume needs.

## **FEMALE UNIFORM:**

**CREATIVE DANCE/PRE-BALLET 1, 2A, 2B:** Light Pink Leotard (Any Style), 10-12 inch Matching Pink Skirt, Pink Tights, Pink Leather Ballet Shoes, Hair secured away from face in a neat ponytail or bun.

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**BALLET/JAZZ COMBO:** Light Pink Leotard (Any Style), 10-12 inch Matching Pink Skirt, Pink Tights, Pink Leather Ballet Shoes, Black Jazz Shoes (slip on preferred), Black Jazz Pants, Hair secured away from face in a neat ponytail or bun. Jazz Shorts are ok for jazz class, but if pants are needed for a costume, the student will need to purchase jazz pants.

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**BALLET/TAP COMBO (4-6 years):** Light Pink Leotard (Any Style), 10-12 inch Matching Pink Skirt, Pink Tights, Pink Leather Ballet Shoes, Black Tap Shoes, Black dance shorts or pants are optional for tap portion of class. Hair secured away from face in a neat ponytail or bun.

**BALLET/TAP COMBO (6-9 years):** 6&7 year olds- Yellow Leotard (Any Style), 8&9 year olds- Lavendar Leotard (Any Style), 10-12 inch Matching Skirt, Pink Tights, Pink Leather Ballet Shoes, Black Tap Shoes, Black dance shorts or pants are optional for tap portion of class. Hair secured away from face in a neat ponytail or bun.

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**PRIMARY 1&2 BALLET:** Yellow Leotard (Any Style), 10-12 inch Matching Yellow Skirt, Pink Tights, Pink Leather Ballet Shoes, Hair secured away from face in a neat bun.

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**PRIMARY 1&2 JAZZ:** Yellow Leotard (Any Style), Pink Tights, Black Jazz Shoes (slip on preferred), Black Jazz Pants, Hair secured away from face in a neat ponytail or bun. Jazz Shorts are ok for jazz class, but if pants are needed for a costume, the student will need to purchase jazz pants.

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**LEVEL 1 BALLET:** Light Green Leotard (Any Style), 10-12 inch Matching Light Green Skirt (optional), Pink Tights, Pink Leather Ballet Shoes, Hair secured away from face in a neat bun.

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**BALLET BASICS:** Leotard color will vary depending on the age of the dancer in the class. Contact our office for help. Matching ballet shirt is optional, Pink Tights, Pink Leather Ballet Shoes, Hair secured away from the face in a neat bun.

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**JAZZ 1&2A :** Light Green Leotard for Level 1 and Lavender Leotard for Level 2A (Any Style), Tan Tights, Black Jazz Pants, Tan Jazz Shoes (slip on preferred), Hair secured away from face in a neat ponytail or bun. Jazz Shorts are ok for jazz class, but if pants are needed for a costume, the student will need to purchase jazz pants. Dancers who take ballet before or after Jazz class may wear pink tights for classes, but will likely need tan tights for performances.

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**LEVEL 2A&B BALLET :** Lavender Leotard (Any Style), Pink Tights, Pink Leather Ballet Shoes, Hair secured away from face in a neat bun. Lavender skirt is optional and only to be worn center floor.

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**JAZZ 2B:** Lavender Leotard (Any Style), Tan Tights, Black Jazz Pants, Tan Jazz Shoes (slip on preferred), Hair secured away from face in a neat ponytail or bun. Jazz Shorts are ok for jazz class, but if pants are needed for a costume, the student will need to purchase jazz pants. Dancers who

take ballet before or after Jazz may wear pink tights for classes, but will likely need tan tights for performances.

- **BEGINNING/INT CHILDREN'S TAP (8-12years)**, Leotard Color that matches ballet level or call the office for help, Pink or Tan Tights for class, Tan Tap Shoes, Black Shorts or Pants are optional for class and may be needed for a costume, hair neatly pulled back in a ponytail or bun.

- **LEVEL 3A&3B BALLET:** Light Blue Leotard-Any Style, Pink Tights, Pink Leather Ballet Shoes, Hair secured away from face in a neat bun. Light Blue skirt is optional and may only be worn center floor. Pointe Shoes for those on Pointe, Nude Leotard for under costumes, Black Character Skirt, Yoga Mat and Light/Medium Strength Theraband for Conditioning class on Tuesdays.

- **JAZZ 3A&3B:** Light Blue Leotard (Any Style), Tan Tights, Black Jazz Pants, Tan Jazz Shoes (slip on preferred), Hair secured away from face in a neat ponytail or bun. Dancers may wear Black Jazz Shorts in class, but need to have pants if needed for a performance. Dancers who take ballet before or after jazz may wear pink tights for classes, but will likely need tan tights for performances.

- **LEVEL 3C** (includes ballet and jazz uniform): Turquoise Leotard-Any Style, Pink Tights, Pink Leather Ballet Shoes, Skirt is optional and only to be worn center floor, Pointe Shoes, Hair secured away from face in a neat bun. Black Jazz Pants, Black Jazz Shorts (optional), Tan Tights may be needed for performances, Tan Jazz Shoes (slip on preferred), Nude Leotard for under costumes, Black Character Skirt, Yoga Mat and Light/Medium Strength Theraband for Conditioning class on Tuesdays.

- **JAZZ 3C&4A:** Ballet Level Colored Leotard (Level 3C-Turquoise, Level 4A-Rose) Any Style, Tan Tights, Black Jazz Pants, Black Jazz Shorts (optional) and Tan Jazz shoes (slip on preferred), Hair secured away from face in ponytail or bun.

- **LEVEL 4A&4B**( Includes ballet and jazz uniform) : Rose Leotard-Any Style (All classes except Free Choice Leotard Sat), Pink Tights, Pink Leather Ballet Shoes, Pointe Shoes, Black Ballet skirt, Tan Tights, Tan Jazz Shoes (slip on preferred), Nude Leotard for under costumes, Black Character Skirt, Hair Secured away from face in a neat bun. Black Jazz Pants, Black Jazz Shorts, Yoga Mat and Light/Medium Strength Theraband for Friday conditioning.

- **LEVEL 4C** ( Includes ballet and jazz uniform) : Purple Leotard-Any Style (All classes except Free Choice Leotard Sat), Pink Tights, Pink Leather Ballet Shoes, Pointe Shoes, Black Ballet Skirt, Tan Tights, Tan Jazz Shoes (slip on preferred), Nude Leotard for under costumes, Black Character Skirt, Hair Secured away from face in a neat bun. Black Jazz Pants, Black Jazz Shorts, Yoga Mat and Light/Medium Strength Theraband for Friday conditioning.

- **Level 5&6** (Includes ballet and jazz uniform) : Royal Blue Leotard-Any Style (All classes except Free Choice Leotard Sat), Pink Tights, Pink leather Ballet Shoes, Pointe Shoes, Black Leotard, Black Ballet Skirt, Tan Tights, Tan Jazz Shoes (slip on preferred), Black Jazz Pants, Black Jazz Shorts, Nude Leotard for under costumes, Black Character Skirt, Hair Secured away from face in a neat bun, Yoga Mat and Light/Medium Strength Theraband for Friday conditioning.

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**MALE UNIFORM:**

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**CREATIVE DANCE/PRE-BALLET/PRIMARY1&2 BOYS:** Black Tights or Leggings or Jazz Shorts, White or Black Plain T-Shirt or Tank Top, Black Leather Ballet Shoes, Hair combed nicely. May need white or black socks, or black or white tights for performances.

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**BALLET/JAZZ COMBO BOYS:** Black Tights, Leggings or Bicycle Shorts, White or Black Plain T-Shirt or Tank Top, Black Leather Ballet Shoes and Black Jazz Shoes (slip on preferred) Hair combed nicely.

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**JAZZ PRIMARY BOYS:** Black Leggings or Jazz Shorts, White or Black Plain T-Shirt or Tank Top, Black Jazz Shoes (slip on preferred), Hair combed nicely.

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**JAZZ LEVEL 1-3 BOYS:** Black Leggings or Jazz Shorts, White or Black Plain T-Shirt or Tank Top, Tan Jazz Shoes (slip on preferred), Hair combed nicely.

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**BEGINNING/INT CHILDREN'S TAP (8-12years):** White or Black Plain T-Shirt, Tank Top or Male Leotard, Black Tap Shoes, Black Shorts or Pants, may need black socks for performance.

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**LEVEL 1- 3 BOYS BALLET:** Black Tights (may need elastic suspenders sewn on), White or Black Plain T-Shirt, Tank Top or Male Leotard, Black Leather Ballet Shoes, Hair combed nicely. May need white or black socks, or black or white tights for performances.

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**Level 4-6 BOYS (includes ballet and jazz uniform):** Black Tights (may need elastic suspenders sewn on), Black Leather Ballet Shoes, White and Neutral Canvas Ballet Shoes, Black Jazz Pants, Black Jazz Shorts, Tan Jazz Shoes, Black, White and Class Colored T-Shirt/Tank Top/Dance Top, Hair combed nicely. May need white or black socks, or white tights for performances. Yoga Mat and Light/Medium Theraband for Tuesday or Friday conditioning.